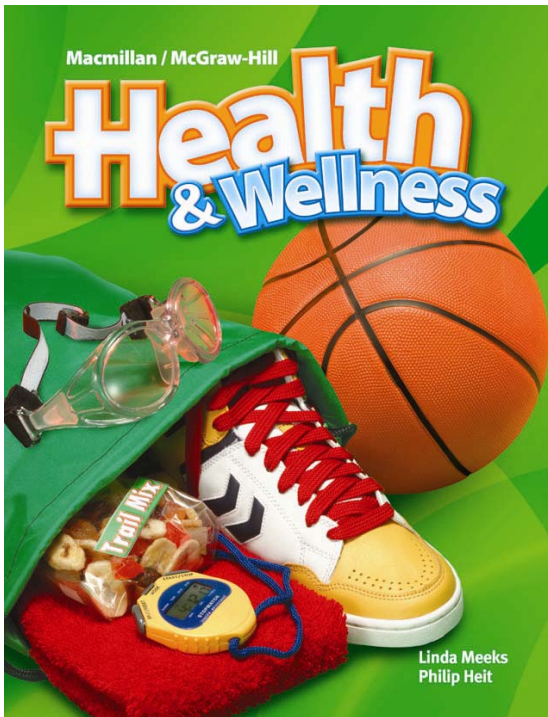




Macmillan/McGraw-Hill

Content Standards
Grade 6 Health



Health & Wellness

Grade 6

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STANDARDS	PAGE REFERENCES
Standard 1: Healthy Lifestyles	
Goal 1.1: Acquire the essential skills to lead a healthy life.	
6.H.1.1.1 Identify the influence exercise has in developing a healthy system. (823.01.a)	Student Edition: B11, B13, C27-C29 Teacher's Edition: DI B13, C27, C29; HA B13
6.H.1.1.2 Identify prevention, causes, and treatment of diseases and disorders. (823.01.b)	Student Edition: D50-D55, D57-D61, D62-D69, D70-D75 <i>Activities and Projects</i> D80 <i>Activity: Life Skills</i> D55 <i>Science Link</i> D52 Teacher's Edition: DI D51, D61, D67, D73; LA D63; QS D50; SC D65; URS D63

STANDARDS	PAGE REFERENCES
6.H.1.1.3 Demonstrate and be able to apply basic first aid and safety rules. (823.01.c)	<p>Student Edition: C38-C43; C54-C59, C62-C67, C69-C73, C75-C77, C78-C85 <i>Activities and Projects</i> C88 <i>Activity: Life Skills</i> C67, C71</p> <p>Teacher’s Edition: DI C79, C80, C82; HA C42; IC C76; LA C39, C55; PEC C87</p>
6.H.1.1.4 Describe emotions that affect personal health. (823.01.d)	<p>Student Edition: A22-A25, A28-A29 <i>On Your Own</i> A25</p> <p>Teacher’s Edition: AC A28; LA A23</p>
6.H.1.1.5 Identify the choices and consequences related to abuse of alcohol, tobacco, and other drugs. (823.01.e)	<p>Student Edition: A18-A21, D10-D11, D13-D15, D18-D19, D21-D27, D31-D37, D39-D45 <i>Learning Life Skills</i> D28-D28</p> <p>Teacher’s Edition: HA D10; ITD A19; LA A19, D13; QS A18</p>
6.H.1.1.6 Apply strategies for developing healthy eating habits. (823.01.f)	<p>Student Edition: B36-B41, B42-B49, B50-B55 <i>Activities and Projects</i> B72 <i>Activity: Life Skills</i> B39, B45, B53, B53 <i>Consumer Wise</i> B41, B43 <i>Learning Life Skills</i> B56-B57</p> <p>Teacher’s Edition: DI B39; HA B40; ITD B38</p>
6.H.1.1.7 Identify the functions and characteristics of the major body systems. (823.01.g)	<p>Student Edition: B6-B9, B11-B15, B18-B19, B27 <i>Health Online</i> B18</p> <p>Teacher’s Edition: DI B8; HA B8, B19; ITD B7, B15; URS B11</p>
6.H.1.1.8 Discuss and evaluate the importance of healthy relationships. (823.01.h)	<p>Student Edition: A34-A37, A49, A55-A61, A63</p> <p>Teacher’s Edition: DI A36, A37; URS A55</p>

STANDARDS	PAGE REFERENCES
6.H.1.1.9 Examine factors involved in selecting and using health information, products, and services. (823.01.i)	<p>Student Edition: A8-A9, E12-E15, E17-E21 <i>Activity: Life Skills</i> A49, C13, C16 <i>Activity: On Your Own</i> A8 <i>Consumer Wise</i> E17</p> <p>Teacher’s Edition: HA A8; ITI A8; LA E17</p>
6.H.1.1.10 Describe environmental health issues and their relationships to a healthy lifestyle. (823.01.j)	<p>Student Edition: E33, E35-E41, E45-E49, E51-E55, E57-E63, E66-E71</p> <p>Teacher’s Edition: DI E53, E54; HA E59; ITD E59; LA E35</p>
<p>Standard 2: Risk Taking Behavior</p>	
<p>Goal 2.1: Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</p>	
6.H.2.1.1 Identify risk factors for illness and injuries. (824.01.a)	<p>Student Edition: A5, A7, A24, B59, C13, C25-C26, C39-C41, C63-C67, D63, D64 <i>Activity: Life Skills</i> A7 <i>On Your Own</i> C15</p> <p>Teacher’s Edition: DI C15, C39, C40, D64</p>
6.H.2.1.2 Examine and evaluate how the actions of one person affect the behaviors of others. (824.01.b)	<p>Student Edition: A13, A35-A36, A49, A55, A60-A61 <i>Activity: Life Skills</i> A13</p> <p>Teacher’s Edition: DI A49, A55, A60; HB A60</p>
6.H.2.1.3 Describe high-risk substance abuse situations and behaviors that pose a risk to one’s self and others. (824.01.c)	<p>Student Edition: D10-D11, D13, D32-D33 <i>Activity Life Skills</i> D10</p> <p>Teacher’s Edition: DI D32, D33; HA A60</p>
6.H.2.1.4 Describe the impact of risky behaviors on personal and family health. (824.01.d)	<p>Student Edition: A63-A65, D10-D11, D13, D32-D33 <i>Activity Life Skills</i> D10</p> <p>Teacher’s Edition: DI A65, D32, D33; HA D10, D35</p>

STANDARDS	PAGE REFERENCES
Standard 3: Communication Skills for Healthy Relationships	
Goal 3.1: Demonstrate the ability to use communication skills to enhance health.	
6.H.3.1.1 Describe the causes and effects of conflict in schools and families. (825.01.a)	Student Edition: A38-A39, A50, C49, C53, C56 Teacher’s Edition: URS C49
6.H.3.1.2 Demonstrate refusal and decision-making skills that enhance personal relationships including substance use and abuse. (825.01.b)	Student Edition: A19-A21, A60-A61, A68-A69, D26-D27, D36-D37 <i>Activity: Life Skills</i> A20, A39, A61, A69, D10, D37 <i>Learning Life Skills</i> D28-D29 Teacher’s Edition: DI A21, A68
6.H.3.1.3 Explain interpersonal communication skills that can be used to build interactions between family, friends, and community. (825.01.c)	Student Edition: A38-A39, A41-A45, A49 <i>Activity: Build Character</i> A43 <i>Activity: Life Skills</i> A45 <i>Learning Life Skills</i> A46-A47 Teacher’s Edition: DI A42, A43
Standard 4: Consumer Health	
Goal 4.1: Organize, analyze, and apply health information practices and services appropriate for individual needs.	
6.H.4.1.1 Evaluate the validity of health information, products, and services. (826.01.a)	Student Edition: A8-A9, E12-E15, E17-E21 <i>Activity: Life Skills</i> A49, C13, C16 <i>Activity: On Your Own</i> A8 <i>Consumer Wise</i> E17 Teacher’s Edition: HA A8; ITI A8; LA E17
6.H.4.1.2 Analyze how the media influences information about tobacco, alcohol, and drugs. (826.01.b)	Student Edition: E17-E19 <i>Activity: Life Skills</i> D26, D59 <i>Lesson Review</i> D27 (#7)
6.H.4.1.3 Determine health resources available in personal community and state. (826.01.c)	Student Edition: A8-A9, D74-D75, E22-E27 <i>Activity: Life Skills</i> C16, E25 <i>Social Studies Link</i> E27 Teacher’s Edition: DI E24; HA E25

STANDARDS	PAGE REFERENCES
Standard 5: Mental and Emotional Wellness	
Goal 5.1: Understand and demonstrate the key components to positive mental and emotional health.	
6.H.5.1.1 Analyze skills that positively express personal emotions and feelings. (827.01.a)	Student Edition: A23, A26-A27, A40-A45, C53 <i>Activity: Build Character</i> A43 <i>Activity: Life Skills</i> A27, A45 <i>Learning Life Skills</i> A46-A47 Teacher’s Edition: DI A27, A43, C53
6.H.5.1.2 Analyze the influence exercise has on relieving mental and emotional tension. (827.01.b)	Student Edition: A26-A27, C27 <i>Activity: Life Skills</i> A27 Teacher’s Edition: DI A27, C27
6.H.5.1.3 Identify skills necessary for stress management, decision-making, and managing conflicts. (827.01.c)	Student Edition: A18-A21, A25-A27, A38-A39 <i>Activity: Life Skills</i> A20, A27, A45 <i>Learning Life Skills</i> A46-A47 <i>On Your Own</i> A25 Teacher’s Edition: HA A25, A38; LA A19
6.H.5.1.4 Explore aspects of emotional safety. (827.01.d)	Student Edition: A23, A28, A35-A37, A62-A69, C52-C53 <i>Science Link</i> A23, A28 Teacher’s Edition: DI A35, A36, A65; HA C52
6.H.5.1.5 Explore factors that influence the use of alcohol, tobacco, and drugs. (827.01.e)	Student Edition: A19-A21, D14-D15, D18-D19, D26-D27 <i>Activity: Life Skills</i> D26 <i>On Your Own</i> D43 Teacher’s Edition: DI D14, D18, D26